

CURRICULUM VITAE

CATHERINE BULNER

QUALIFICATIONS Registered Nurse (Div. 1) AHPRA
REGISTRATION: Please contact CATSINaM Office

bulners12@bigpond.com

CAREER HIGHLIGHT:

Winner of the 2015 WA Nursing & Midwifery Excellence Awards, in the Category of Aboriginal Health.

CAREER GOAL:

My career interest is to ultimately gain employment within an Aboriginal Medical Health/Aged Care Service. I have quite a lot of experience working with Aboriginal Clients in the Health Sector and each new placement I accept moves me closer to my ultimate goal.

SKILLS AND ATTRIBUTES:

- Effective interpersonal and workplace skills.
- Ability to rapidly develop rapport with clients and staff members.
- Empathetic, dedicated, highly respectful and sensitive to diverse cultural groups.
- Attentive listener and observer.
- Ability to clearly identify and understand requirements.

- Ability to plan workload, organise priorities and commitments to meet work schedules.
- Effective working within a team environment and independently with minimal supervision.
- Computer literate, confident with Microsoft office programs, word, excel, PowerPoint office programs, research and email.
- Excellent verbal and written communication with people from diverse backgrounds.
- Capacity to understand, adapt and work with changes, procedures, guidelines and policies.
- Hardworking, reliable, punctual with high level of integrity.
- Highly self-motivated, well focused and willing to accept responsibility and challenges. **PROFESSIONAL**

HISTORY 15/7/15 – 15/10/15 Registered General Nurse (full time three month contract) Australian Regional & Remote Community Services (ARRCS)

24/11/14 – 17/5/15

18 bed newly established Aged Care Service/low care

- Maintaining/monitoring resident's normal physiological status.
- Accurate and timely documentation
- Conducting Handovers for staff.
- Communications with Service Manager, Doctors/clinic

RAN's, members of the allied health team on monthly visits.

- Escorting residents to Mutitjulu clinic as required/needed.

- Supporting Aged care workers.

- Maintained residents observations weekly/monthly (weight/BP's)

- Input of residents information on new computer system LeeCare.

- Comprehensive residential aged care assessments. **Registered General Nurse (full time six month contract) WA Northern & Remote Country Health Service Meekatharra Hospital WA (Contract ends 17th May 2015)** 11 bed acute care/ 3 high care permanent aged residents **Roles & Responsibilities:**

- Comprehensive nursing assessments

- Formulating plan of care

- Evaluate patient progress towards expected outcomes and reviews, revising plans accordingly.

- Maintaining/monitoring patients normal physiological status.

- Accurate and timely documentation.

- Culturally appropriate patient/ family communication.

- Isbar handovers.

- Timely & appropriate communication with Senior Registered Nurse, Doctors and members of the allied health team.

- Advocating and protecting the rights of patients in relation to health care.

- Accessing, using units' procedures, protocols with best practice

evidence based practice.

- Assisting triage RN in the ED (Primary survey, commencing observations, BGL's, UA's) not specifically trained but assist in starting the process by seeing patients as they arrive if ED nurse busy.

- Organizing necessary documentation for RFDS fly outs.

- Escort on occasions patients transferred via ambulance to RFDS base. **Registered General Nurse (part-time six months contract) commencing 29th June 2013 to 3rd January 2014** Lyell McEwin Hospital, Elizabeth Vale South Australia 24 bed acute care (neurological/stroke/medical) **Roles & Responsibilities:** Carry out comprehensive nursing assessments. Formulate a plan of care in collaboration with others.

2013 – 2014

Mutitjulu Aged & Community Flexi Care Program

2013 – current 2012 – 2013

2012 – 2013

Australia.

2011 - 2012

- Implement planned nursing care to achieve identified outcomes within scope of competence.

- Evaluate patient progress towards expected outcomes and reviews and revises plans in accordance with evaluated data.

- Advocating and protecting the rights of patients in relation to health care.

- Contribute to safe work practices and environments for self and

others.

- Utilise systems for reporting incidents, accidents or near misses.
- Accurate and timely documentation.
- Monitoring & maintaining patients' normal physiological status.
- Accurate and timely documentation.
- Timely & appropriate communication with Senior Registered Nurse, Doctors and members of the allied health team.
- Accessing, using units' procedures, protocols with best practice evidence based practice.
- Culturally appropriate patient/ family communication.
- Isbar handovers. **Registered General Nurse (Agency Casual) Health Care Australia (Nursing Agency South Australia – NASA) Registered Nurse (Casual Commencing 21st December 2012)** Penola War Memorial Hospital South East South Australia Acute, residential care patients & emergency department (minor emergencies) **Registered Nurse (Casual Commencing 10th January 2013)** South East Regional Community Health Service, Mount Gambier, South
- Attending to Client's in the Centre's Wound Clinic.
- Attending on Nursing Rounds within the Community Setting (Re- dressing wounds) **Registered Nurse Transition to Professional Practice Program (12 months).** The Queen Elizabeth Hospital, Adelaide South Australia (Completed 4th December 2012).
- N2 – 24 bed Surgical Unit,

Orthopaedic/Breast/Endocrine/Plastics

- St Margaret's Rehabilitation Hospital – a 40 bed specialised intensive rehabilitation, medical post acute and respite care.
- SGB – Geriatric Evaluation Medical Unit (Multidisciplinary, comprehensive Geriatric Assessment and Management of Medical, Rehabilitation and Psychosocial issues contributing to Geriatric Syndromes. **Roles & Responsibilities:** (Similar to Lyell McEwin Hospital above)

2007 – 2009:

Aboriginal Primary Health Care Worker.

Pangula Mannamurna Aboriginal Community Controlled Health Service, Mount Gambier, South Australia.

- Provide primary health care to members of the Aboriginal Community in the South East Region.
 - Accurate and timely documentation.
 - Maintain confidentiality.
 - Assisting Services General Practitioner during Clinic days/outreach clinics.
 - Implementing and delivery of health promotion/prevention programs.
 - Liaising with multidisciplinary health teams (Antenatal Programs, Breast Cancer Nurse, Breast Screen SA, Counsellors). **Aboriginal Aged Care Co-ordinator (HACC) – South East Region.** South East Regional Community Health Service - Mount Gambier. South Australia.
- New initiative in 1998, commenced in 1999.

- Provide Home and Community Care to Aboriginal Aged, frail & younger disabled community members.
- Liaised with primary health care services (ACAT, OT, Physiotherapy, Domiciliary care)
- Socialisation program/Cultural Maintenance.
- In home support. **Aboriginal Health Project Officer for the Asthma and Diabetes Project.** South East Regional Community Health Service, Mount Gambier. **Aboriginal Education Worker.** Mount Gambier North Primary School, Mount Gambier, South Australia. **Aboriginal Primary Health Care Worker.** Former Mount Gambier Hospital, Mount Gambier, South Australia. **Aboriginal Primary Health Care Worker.** Relieving, Aboriginal Health Organisation of South Australia., Mount Gambier, South Australia. **Aboriginal Primary Health Care Worker.** Relieving. Aboriginal Health Organisation of South Australia, Mount Gambier, South Australia. **NURSING**

EDUCATION – PROFESSIONAL DEVELOPMENT

1999 – 2003:

1998 – 1999: 1998: 1993 – 1996: 1991:

1986:

Australian Nursing Federation (SA) Online Education - Hand Hygiene Update 18/6/14 (1hr CPD). **Australian Nursing Federation (SA) Online Education – Wound Care Update 18/6/14 (5hr CPD).**

Health Care Australia (NASA) Venepuncture/IV Cannulation Workshop 12/6/14 (6hr CPD) **Health Care Australia Basic Life**

Support Practical (Yearly Mandatory Competency) 17/4/14 1.5 hours CPD

Health Care Australia (NASA) 2014 Manual Handling Practical (Yearly Mandatory Competencies) 7/4/14 1.5 hrs CPD

Falls SA – e-falls learning certificate package 16/3/14 (1 hr CPD)

Health Care Australia (NASA) 2014 Diabetes Workshop 19/3/14 (4hr CPD)

Health Care Australia ‘Survival Skills for Agency Staff’ Workshop 27/3/14 (3hrs CPD)

Health Care Australia online education Manual Handling theory (28/3/14) 1.5 hrs CPD

Health Care Australia online education Basic Life Support theory (1/3/14) 1.5 hrs CPD

Health Care Australia (NASA) Mandatory Medication Calculations, 100% (1/3/14) 1.5 CPD hours

Health Care Australia ‘Being Aware & Being Prepared’ Workshop (13/2/14) 3hrs CPD National Prescribing Service - Medicine Wise (Medication Safety), Professional Development Online

Learning 2013. Seven Certificate Modules (3.5hrs CPD points).

Communicable Disease Control Branch 2013 – SA 2 Day Immunisation Education Workshop (The aim of Immunisation and Basic Immunology) held in Mount Gambier on 16th & 17th May.

Nursing Australia 2013 - Mandatory Competencies (Manual Handling, OH&S, Drug Calculations, Infection Control, Basic Life Support/Advanced Life Support, Use of AED’s, Challenging Behaviours, Emergency & Fire Safety, Elder Abuse and Reporting Requirements)

Health Care Australia (NASA) 2013 – Mandatory Competencies (Manual Handling, OH&S, Medication Calculations, Infection Control/Hand Hygiene, Basic Life Support, Management of Workplace Aggression Emergency & Fire Safety, Mandatory Reporting of Abuse (Child and Elderly))

Australian Nursing Federation 2013 – Emergency Drugs (5 CPD hrs) Continuing Professional Development Activity.

Ausmed Education 2013 – Wound Management and Skin Integrity 2 day seminar North Adelaide SA (11 CPD hrs)

Ausmed Education 2013 – Medication Management 2 day Seminar North Adelaide SA (11.5 CPD hrs) **The Queen Elizabeth TPPP 2011-2012** – Five Professional Study Day requirements throughout the

year. **SA Health 2012** – Prevention of falls and harm from falls (2 CPD hrs) online.

Bloodsafe E-learning Australia 2012 – 2 CPDhrs (Risk and benefits, The decision to transfuse, risks, benefits and informed consent, Pre-transfusion samples - Importance of patient identification and specimen labelling, Picking up blood, transporting and storage of blood, Administering blood, Monitoring and reactions, recognising and responding to acute adverse events).

Australian Nursing Federation 2012 – Incident and Accident reporting (1.5 CPD hrs) online. **Australian Nursing Federation 2011** – Hand hygiene (1 CPD hr) online. **Australian Nursing Federation 2011** – Diabetes Mellitus (5 CPD hrs) online. **Australian Nursing Federation 2011** – Occupational Violence & Aggression (5 CPD hrs) online.

University of South Australia (UniSA): 2011 –2008 complete – **Bachelor of Nursing** (Registered with AHPRA). Clinical Placements included; Naracoorte Hospital (Upper South East) 39 acute beds and 41 aged care facility (4 weeks 2nd year acute medical ward). Mount Gambier Hospital (Lower South East) 78 acute beds (8 weeks 3rd year

medical/surgical wards). The Repatriation General Hospital, Daw Park (12 weeks 3rd year, rehabilitation ward on orthopaedic/post amputation ward and a medical ward).

Aboriginal Health Council of South Australia: 2007 – Certificate IV in Advanced Clinical Skills, Mount Gambier, South Australia. **Shine South Australia (Shine SA): 2007** – Women’s Sexual and Reproductive Health Care Certificate Course. – Shine SA, Woodville South Australia.

Limestone Coast Division of General Practice: 2007 – Certificate in basic Immunisation, Mount Gambier, South Australia.

South East Institute of TAFE: 2006 – Certificate III in Community Services – Aged Care. **South East Institute of TAFE: 2006** – Certificate III in Aboriginal Primary Health Care (updated

certificate). **Flinders University of South Australia: 2001** –Certificate in Continence.

South East Institute of TAFE: 1998 – Certificate III in Aboriginal Community Services in Health, Mount Gambier.

South East Institute of TAFE: 1993 – Certificate III in Aboriginal Primary Health Care (3 yr course on job).

Queen Elizabeth Hospital Adelaide: 1987 – *Enrolled Nurses Certificate Course, Adelaide, South Australia* (Orientation Program, five weeks).

Grant High School: Year 11 Completion 1978 to 1982 – Mount Gambier, South Australia.

MEMBERSHIPS 2011- current The Australian Nursing

Midwifery Federation (SA Branch).

2014 - Congress of Aboriginal & Torres Strait Islander Nurses and Midwives (CATSINaM) recently joined.

REFEREES

Ms Paulette Anderson

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